

Mary Beth O'Connell, RN, COHN-S, ARM-P Safety Management Consultant



Mary Beth has been in the occupational safety and health field since 1976, working in both the public and private sectors. She is a Registered Nurse (R.N.), Board Certified Occupational and Environmental Health Nurse Specialist (COHN-S) and holds the designation of Associate in Risk Management for Public Entities (ARM-P) through the Insurance Institute of America.

Mary Beth's thirty plus years of occupational health and safety experience encompasses ten years in the manufacturing sector as an occupational and environmental health nurse, and over 25 years as a risk control and safety and health consultant working primarily with public entities. Mary Beth has been a speaker at conferences and has presented multiple workshops and webinars for clients. She brings her personal experience as an in-house advisor to executive staff and line managers in providing practical and meaningful advice to clients. She believes that responsibility and accountability are critical in managing risk exposures and implementing and monitoring controls needed to effectively prevent injuries to people and damage to property.

Her consulting experience includes risk control positions with The FPE Group, Crawford and Company, Richard N. Goldman & Company, and Bickmore supporting clients in occupational safety and health and general liability risk control initiatives. She has worked extensively with municipalities throughout her career. She established a safety management consulting practice in 2011.

She has a bachelor's degree in Health Services Administration from St. Mary College of California, and her R.N. from St. Mary's University/Sisters of Charity School of Nursing, Leavenworth, Kansas.

Mary Beth is a past professional member of the American Society of Safety Engineers (Membership Chair, Public Safety Practice Specialty) and was honored as the Public Safety Practice Specialty Safety Professional of the Year in 2010. She is a member of the American Association of Occupational Health Nurses and past president of the Northern California Association of Occupation Health Nurses. Mary Beth has been an instructor for the **Professional Safety Institute** at Safety Center Incorporated, in Sacramento, California.

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